

FOR IMMEDIATE RELEASE

TSX Venture Exchange symbol: FOX

FOX-TEK ANNOUNCES APPOINTMENT OF DIRECTOR OF NATIONAL SALES

TORONTO, ON (December 1, 2005) – Fiber Optic Systems Technology, Inc. (the “Company” or “FOX-TEK”), a developer of patented fiber optic sensing products, today announced that Don Clark has joined the Company as Director of National Sales Canada. Mr. Clark will be based in FOX-TEK’s newly established Calgary office where he will oversee sales strategy for the Canadian market. Mr. Clark has more than 25 years of experience as a senior executive and entrepreneur. Most notably, Mr. Clark was CEO and co-founder of Zedi Solutions, a successful Alberta oil & gas service company that provides leading-edge well monitoring instruments.

Gary Jolly, FOX-TEK President & CEO said, “The addition of Don Clark further strengthens our corporate structure and increases our resources as we begin to actively market our technology. In addition to Don’s extensive contacts and knowledge of the oil & gas industry, his experience in guiding an early stage technology company to successful commercialization of its products will be invaluable.”

About Fiber Optic Systems Technology

Established in 2000, FOX-TEK has developed patented fiber optic sensing products that deliver a cost-effective solution for companies to continually monitor their critical infrastructure and detect and prevent high-consequence or catastrophic occurrences. The company’s primary market is the global oil and gas industry, for the monitoring of pipelines and refineries. In addition to its monitoring systems, FOX-TEK delivers a full range of professional services to its customers, including engineering design services, training, supervision of on-site installation and turnkey fiber optic sensing systems. FOX-TEK is headquartered in Toronto, Ontario and is traded on the TSX Venture Exchange under the symbol “FOX”.

This press release contains forward-looking statements based on assumptions, uncertainties, and managements’ best estimates of future events. Actual results may differ materially from those currently anticipated. Investors are cautioned that such forward-looking statements involve risks and uncertainties. Important factors that could cause actual results to differ materially from those expressed or implied by such forward-looking statements are detailed from time to time in FOX-TEK’s periodic reports filed with the Ontario Securities Commission and other regulatory authorities. FOX-TEK has no intention or obligation to update or revise any forward-looking statements, whether as a result of new information, future events or otherwise.

The TSX Venture Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of this press release.

FOR ADDITIONAL INFORMATION PLEASE CONTACT:

Gary Jolly
President & Chief Executive Officer
E-mail: gjolly@fox-tek.com
Tel: 416-665-2288

Web Site: www.fox-tek.com

Andreas Curkovic

Investor Relations
The Equicom Group
E-mail: acurkovic@equicomgroup.com
Tel: 416-815-0700 x262