



FOR IMMEDIATE RELEASE

TSX Venture Exchange symbol: FOX

**FOX-TEK ANNOUNCES RESIGNATION OF MR. KENNETH A. STANKIEVECH
FROM THE BOARD OF DIRECTORS**

TORONTO, Ontario (January 15, 2010) – Fiber Optic Systems Technology, Inc. (“FOX-TEK”), (TSX-V: FOX), a supplier of integrity monitoring solutions today announced the resignation of Mr. Kenneth A. Stankieveh from the Board of Directors for personal reasons. “I would like to thank Mr. Stankieveh for his valuable contributions over the past eighteen months” said Sean Carr, President & CFO of FOX-TEK. The company does not anticipate filling the vacant Board position at this time.

About FOX-TEK:

FOX-TEK sells non-intrusive asset health monitoring sensor systems for the oil and gas and other industries. These systems allow operators to monitor asset integrity, thereby improving safety, environmental performance, reliability, and efficiency.

FOX-TEK has offices in Toronto, ON and Calgary, AB; FOX-TEK is traded on the TSX Venture Exchange under the symbol “FOX”. For more information, visit www.fox-tek.com.

This press release contains forward-looking statements based on assumptions, uncertainties and management’s best estimates of future events. Actual results may differ materially from those currently anticipated. Investors are cautioned that such forward-looking statements involve risks and uncertainties. Important factors that could cause actual results to differ materially from those expressed or implied by such forward-looking statements are detailed from time to time in FOX-TEK’s periodic reports filed with the Ontario Securities Commission and other regulatory authorities. FOX-TEK has no intention or obligation to update or revise any forward-looking statements, whether as a result of new information, future events or otherwise.

The TSX Venture Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of this press release.

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