



**FOR IMMEDIATE RELEASE**

**TSX Venture Exchange symbol: FOX**

**FOX-TEK ANNOUNCES RESIGNATION OF MR. GERHARD KURZ FROM THE BOARD OF DIRECTORS**

**TORONTO, Ontario, (December 22, 2009)** -- Fiber Optic Systems Technology, Inc. ("FOX-TEK" or the "Company") (TSX-V: FOX), a supplier of integrity monitoring solutions today announced the resignation of Mr. Gerhard Kurz from the Board of Directors for personal reasons. "I would like to thank Mr. Kurz for his valuable contributions and insights over the last two and one half years" said Sean Carr, President & CFO of FOX-TEK. The Company does not anticipate filling the vacant Board position at this time.

**About FOX-TEK:**

FOX-TEK sells non-intrusive asset health monitoring sensor systems for the oil and gas and other industries. These systems allow operators to monitor asset integrity, thereby improving safety, environmental performance, reliability, and efficiency.

FOX-TEK has offices in Toronto, ON, Calgary, AB, and Al-Khobar, Saudi Arabia. FOX-TEK is traded on the TSX Venture Exchange under the symbol "FOX". For more information, visit [www.fox-tek.com](http://www.fox-tek.com).

*This press release contains forward-looking statements based on assumptions, uncertainties and management's best estimates of future events. Actual results may differ materially from those currently anticipated. Investors are cautioned that such forward-looking statements involve risks and uncertainties. Important factors that could cause actual results to differ materially from those expressed or implied by such forward-looking statements are detailed from time to time in FOX-TEK's periodic reports filed with the Ontario Securities Commission and other regulatory authorities. FOX-TEK has no intention or obligation to update or revise any forward-looking statements, whether as a result of new information, future events or otherwise.*

The TSX Venture Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of this press release.

FOX-TEK Company contact:

Sean Carr, President & CFO, Fiber Optic Systems Technology, Inc.  
(416) 665-2288, [scarr@fox-tek.com](mailto:scarr@fox-tek.com)

Investor Relations contact:

Barry Mire, Renmark Financial Communications Inc.  
(514) 939-3989, [bmire@renmarkfinancial.com](mailto:bmire@renmarkfinancial.com)

